



2021 Saturday Speaker Series

Saturday Meetings - 10:00 am to 12:00 pm

Note: All group meetings are being held via Zoom until further notice.

The Zoom link for online speaker group meetings is <https://us02web.zoom.us/j/5019416338>

MAY 15, 2021

SPEAKER: **Rose Rode**, Dr Physical Therapy certified in Vestibular Rehabilitation; Balance & Vestibular Dept of Sharp Memorial.

TOPIC: Balance and Fall Prevention. This presentation will provide education on intrinsic (our balance system) and extrinsic (environmental) factors related to fall prevention and improved stability.

JUNE 19, 2021

SPEAKER: **Barbara Welsh-Osga, PhD.**, clinical psychologist specializing in treating issues related to neurorehabilitation and behavioral medicine.

TOPIC: Coping with Transitions & Grief After Brain Injury. Barbara will discuss Grief & Loss: the nature of loss and transitions that follow TBI.

JULY 17, 2021

SPEAKER: **Mohammed Ahmed, MD.**, Neuropsychiatrist, Medical Director of Kaizen Brain Center; specialist in memory disorders/dementia and brain injury.

TOPIC: Brain Injury Assessment, Diagnosis, Treatment and Developing a Care Team After Brain Injury.

AUGUST 21, 2021

SPEAKER: **Gary S. Seale, PhD.**, Regional Director of Clinical Services for the Centre for Neuro Skills.

TOPIC: Change in Positive Emotion and Recovery of Functional Status Post Brain Injury. Dr. Seale will talk about the relationship between experiencing positive emotions and health/well-being. This presentation will provide some simple strategies to boost positive emotion.

SEPTEMBER, 2021—THERE WILL BE NO MEETING THIS MONTH

OCTOBER 16, 2021

SPEAKER: **Matthew Audia, PT, DPT, CMP.**, Physical Therapist and Founder of Audia Physical Therapy.

TOPIC: TBA.

NOVEMBER 20, 2021—TOPIC AND SPEAKER TBA

DECEMBER 20, 2021—HOLIDAY PARTY (location TBA)

San Diego Brain Injury Foundation

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