2020 Speaker Group Series

Online Zoom Saturday Meetings
10:00 am to 12:00 pm
https://us02web.zoom.us/j/5019416338

JULY 11  Health Food for TBI
Jessica Spiro, Dietitian, Scripps
Come join us to learn about brain healthy foods, basic nutrition, meal planning and easy recipe ideas you can try out.

AUGUST 15  Social Security Disability and Related Considerations
Aline Gaba, Founder and attorney with San Diego Disability Law Group
Aline will discuss how her organization helps brain injury survivors with obtaining Social Security Disability benefits. Aline will also discuss various considerations related to Social Security Disability benefits.

OCTOBER 10  Augmented Stroke and Brain Injury Rehab: Adapting Neuro-Rehab to Create Real Lasting Change in the Brain
Dr. Matthew Audia, PT, DPT, CMP, Founder, Audia Physical Therapy
Dr. Audia will answer the following questions during this presentation: (1) How can an individual with TBI create greater positive change without more time and work? and (2) Why is it that two patients with the same diagnosis, potential, support and resources can have different outcomes even with the same therapist?

OCTOBER 17  Practical Cognitive Strategies for Brain Injury Survivors
Herb and Joanne Hein, Founders of Hein Speech-Language Pathology
The Heins will discuss different cognitive strategies to help brain injury survivors.

NOVEMBER 21  The Acquired Brain Injury Program
Brandi Bass, M.S., CRC, DSPS Counselor
Brandi will discuss the ABI program, programs offered, admission criteria and related information about this unique San Diego resource for brain injury survivors.

DECEMBER 19  Holiday Party!!!
Join SDBIF for end of the year holiday fun with singing, great food and volunteer recognition.