



# 2020 Speaker Group Series

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## Online Zoom Saturday Meetings 10:00 am to 12:00 pm

<https://us02web.zoom.us/j/5019416338>

**JULY 11**

### *Health Food for TBI*

**Jessica Spiro, Dietitian, Scripps**

Come join us to learn about brain healthy foods, basic nutrition, meal planning and easy recipe ideas you can try out.

**AUGUST 15**

### *Social Security Disability and Related Considerations*

**Aline Gaba, Founder and attorney with San Diego Disability Law Group**

Aline will discuss how her organization helps brain injury survivors with obtaining Social Security Disability benefits. Aline will also discuss various considerations related to Social Security Disability benefits.

**OCTOBER 10**

### *Augmented Stroke and Brain Injury Rehab: Adapting Neuro-Rehab to Create Real Lasting Change in the Brain*

**Dr. Matthew Audia, PT, DPT, CMP, Founder, Audia Physical Therapy**

Dr. Audia will answer the following questions during this presentation: (1) How can an individual with TBI create greater positive change without more time and work? and (2) Why is it that two patients with the same diagnosis, potential, support and resources can have different outcomes even with the same therapist?

**OCTOBER 17**

### *Practical Cognitive Strategies for Brain Injury Survivors*

**Herb and Joanne Hein, Founders of Hein Speech-Language Pathology**

The Heins will discuss different cognitive strategies to help brain injury survivors.

**NOVEMBER 21**

### *The Acquired Brain Injury Program*

**Brandi Bass, M.S., CRC, DSPS Counselor**

Brandi will discuss the ABI program, programs offered, admission criteria and related information about this unique San Diego resource for brain injury survivors.

**DECEMBER 19**

### *Holiday Party!!!*

Join SDBIF for end of the year holiday fun with singing, great food and volunteer recognition.