



Join Us & Celebrate the 13th Annual SDBIF Walk!

Take a step on the journey to recovery from Brain Injury!

ACHIEVE MORE TOGETHER

Register or Join a Team!

Saturday

March 21, 2020

8am - 1pm

8am-9am — Check-in, pick up t-shirts, team photos, warm-up

9:15am — Walk starts

Mission Bay Park - De Anza Cove
2740 De Anza Road
San Diego, CA 92109

Survive Headstrong – Walk for Recovery is the 13th walk by SDBIF, emphasizing the strength and effort it takes to overcome the challenges of brain injuries as well as celebrate and inspire those who are on their journey towards recovery. Survive Headstrong is your walk - whether you walk or cheer the others on, it is always fun and rewarding. With each step you help SDBIF raise funds to provide life-changing resources for fellow San Diegans recovering from a brain injury.

survive HEADSTRONG - Walk for Recovery

2020 Walk Registration

Register by filling out and returning this registration form and a check made payable to SDBIF, at:

P.O. Box 84601 San Diego, CA 92138

REGISTRATION FEE: *(Each walker must complete a separate registration form and sign the waiver at the bottom of this form.)*

- \$25 - Adult, age 18+ (includes T-shirt)
- \$15 - Adult Survivor, age 18+(includes T-shirt)
- \$15 - Survivor, under 18 years old (includes T-shirt) *Parent or Legal Guardian must sign this form below
- \$15 - Minor, under 18 years old (includes T-shirt) *Parent or Legal Guardian must sign this form below
- FREE - Infant to 4 yrs (T-shirt not included) *Parent or Legal Guardian must sign this form below

REGISTER TODAY! Walk-up registrations are welcome. However, T-shirts cannot be guaranteed if you register after February 29, 2020.

WALKER INFO:

Please fill in your contact information, including your t-shirt size, and sign the waiver at the bottom of this form.

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

E-Mail _____

T-Shirt Size: (choose only one size)

Adult size: Small Medium Large X-Large XX-Large

*T-shirts cannot be guaranteed if you register after February 29, 2020.

I am walking in honor of: _____

Honoree's E-mail: _____

I am walking in memory of: _____

I am walking with a team: _____

I am walking and would also like to make a tax-deductible donation for: \$ _____

I am unable to attend the walk, please accept my tax-deductible donation for: \$ _____

PAYMENT INFO:

Check enclosed for: \$ _____

Charge my Credit Card:

Credit Card Number

Exp Date

Sec Code

Visa
 Master Card

WAIVER: I hereby waive all claims against the SDBIF, event sponsors, or personnel, and volunteers for any injury that I may suffer from my participation in this event. I grant full permission for organizers to use photographs, videotapes, recordings, or any other record of this event in which I may appear for any legitimate reason.

Signature of participant

*Signature of Parent or Legal Guardian if participant is under 18

Date

Return this registration form to: **San Diego Brain Injury Foundation • P.O. Box 84601 • San Diego, CA 92138**