



SDBIF FRIENDRAISER

ARTIST PROFILE

LINDA STAMETS



Linda has been an artist throughout her life and enjoys working in watercolor and colored pencil, but in 2011, she fell down the stairs leaving her with a brain injury and the right side of her body paralyzed.

Before her injury she taught reading and music at Julian Elementary School, but since her injury she has used her painting to help her regain the use of her right hand, and learn how to use her left hand effectively. She currently lives in Ramona, California, and continues to use her lifelong creative skills to work through the healing process—mentally, physically and emotionally. SDBIF is excited to have her as a featured Friendraiser artist!

