



SDBIF FRIENDRAISER

ARTIST PROFILE

ALANA SHIPMAN



In 2009 , Alana suffered a few concussions. While out celebrating a birthday, her drink was drugged causing her to fall repeatedly and be unconscious for a short time. After months of questions and visits to doctors, she was diagnosed with a TBI.

Her injury caused severe dizziness, distortion, difficulty processing thoughts, seeing, walking, and other issues. Alana is a self-taught artist since 2000. She has done art shows and sold paintings before , yet now it is difficult to paint.

Recently , she began painting mandalas on vinyl records because it seemed to put order to the chaos. Alana finds that it is simpler to paint within a calculated space. The grooves in the record help to guide her eyes along.

SDBIF is proud of her determination and thrilled that she is one of our Friendraiser artists.

